

FORGING THE FUTURE:



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Friday FACTS

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9 March 2001

"Leadership, Partnership, and Championship"

Crews into Shape Challenge has begun...

it will run through the end of the month. There are 49 teams participating.

- | | | | |
|----|---------------------------|----|-----------------------|
| 1 | BMC Everett | 4 | Yorktown BMC |
| 3 | NNSY BMC | 6 | Naval Hospital Groton |
| 11 | Naval Hospital Charleston | 6 | NAS Atlanta |
| 4 | USS EISENHOWER | 14 | Pearl Harbor HI |



If you have faxed your team in and it isn't among the ones listed contact Mary Kay at (757) 462-5585. Look at how fantastic and creative some of these names are: P.H.A.T. Bodies, Dental Divas, Free Radicals, Chunky Monkeys, Gladiators, 7 Wonders of the World, Fighting Phytos, Fitness Bums, Chiang and the Bug Catchers, to name a few. Good Luck on your quest to higher performance. Weekly updates to follow.

Win Health Promotion Education Materials For Your Command



Have you seen the logo for ShipShape, the Navy's new 10-week weight management program? We are looking for a slogan to accompany the ShipShape logo. Get those creative juices flowing and submit your entry to Lynn Kistler at kistlerl@nehc.med.navy.mil. The winner will have the opportunity to select educational materials (up to \$200.00) that best fit the needs of his/her command. Deadline is Tuesday, March 27, 2001. Good Luck!!

*"Be not afraid of greatness:
Some are born great, some
achieve greatness and some
have greatness thrust upon
them."* - William Shakespeare

HP Newsletter targeted for Reserve component issues

The first issue of the Naval Reserve Health Promotion Newsletter was produced Feb 01 and is available on line. You can view, download and print a 4 page colorful version with graphics at <http://www-nehc.med.navy.mil/hp/reserve/index.htm> Click on "NEWSLETTER - NAVAL RESERVE HEALTH PROMOTION". We hope to make this a quarterly publication. Selfres members and those interested in receiving updates about Reserve Health Promotion initiatives should send their name and email address to klancharl@nehc.med.navy.mil.



Forty-First Workshop Seventh Annual Funertainment

1930, Wednesday, 16 May 2001
Town & Country Hotel, San Diego, CA

*Sponsored by the Funertainment Committee for the
41st Navy Occupational Health & Preventive Medicine Workshop*

If you're interested in entertaining or helping out behind the scenes, please contact
Marlene Walters -- waltersm@nehc.med.navy.mil, or
(757) 462-5506, DSN 253-5506 --
by 16 April 2001.

